

Ontario Dietitians in Public Health Strategic Plan

2025 2029



VISION

ODPH is recognized and valued as a leader in public health nutrition working to promote the health of Ontarians.

MISSION

To advance public health nutrition through member and partner collaboration to improve population health and health equity locally and provincially.

OUR WORK IS:

Member Driven, Member Engaged: We value member input and strive to ensure all members have an opportunity to participate.

Foundational to Health: We support a positive relationship with food to help prevent chronic disease and promote physical, mental and social well-being across the population from pre-conception through adulthood.

Evidence Informed: We build on best practices by using current high-quality evidence (research, context, experience) to ensure our work in public health nutrition is relevant and credible.

Health Equity Focused: We work to reduce systemic and unjust disadvantages that undermine health so that all populations have equitable access and opportunities to reach their full health potential.

Committed to Indigenous Engagement: We all have a collective role to play in learning, understanding, and redressing the ongoing colonialism and becoming allies for Indigenous peoples. We acknowledge that to develop meaningful relationships we need to understand the impact colonization and dispossession continues to have on Indigenous peoples.

GOALS

1. To support members and build capacity for effective public health nutrition practice
2. To broaden recognition of ODPH and our members as credible experts in the field of food and nutrition
3. To position dietitians as integral to public health practice
4. To increase recognition that food and nutrition are fundamental components of public health work

AREAS OF FOCUS

Member Engagement: Increase engagement of members in the work of ODPH

Knowledge to Action: Translate evidence and knowledge for members, partners, and end users to apply in their practice

Advocacy: Influence municipal, provincial and national food and nutrition policy, practice, and messaging

Partnership and Collaboration: Build relationships to increase awareness of ODPH and highlight member contributions to strengthen public health

Governance and Administration: Maintain effective and transparent structures, policies and procedures